



Greetings from Loreto Mexico...



Our 1st Classes: 'How to manage your Diabetes' and 'How to avoid getting Diabetes'



Brunch on our patio after one of our English Church Services...



Five of the Churches got together for the first Inter-Church Worship Service in Loreto

News from Don & Lorraine – March 28, 2018

Diabetes is rampant in Mexico — that being the case, holding 'Information Classes on Diabetes' is a wonderful way for the evangelical churches to reach out to the people around them with the love of Jesus and the message of salvation. We held our first two classes this month, and had 23 people show up to the first class and 18 people come to the second. The information given was very helpful we were told, and we know that several people since are trying to make changes in their lives. For example: the pastor's wife was horrified to learn that the use of Splenda wasn't any different to our bodies than using sugar. So she's stopped using Splenda, and now uses Stevia; and she is now walking for a half hour every day. Hallelujah! She was the kind of woman who expected everyone to wait on her and was very unhappy when they didn't. Now she's up and walking. She is a neat lady. We hope these small clinics will be very helpful to the people here. Susan Mix, a Nurse Practitioner from Oregon was the teacher, and she will be returning in October for our next classes.

This month we were invited to speak to a leadership group from Loreto Bay, (the largest group of foreign homeowners in Loreto), about ins and outs of the medical system here in Loreto, and how people can access emergency care. It was followed up by a Seminar put on by Sharp Global Patient Services from San Diego, some local Doctors and one from La Paz, to help foreigners understand what to do in an emergency. It was a wonderful seminar, very helpful, and we were glad to be called upon to help as well.

This Sunday we will be putting on an Easter Sunrise Service on the beach in Loreto — similar to previous years. It is a wonderful opportunity to reach out to the English Speaking people here in Loreto. Please pray that many will come and be encouraged to accept Jesus Christ as their personal Lord and Savior.

Thank you again for your prayers for us and the ministries we are involved in.

We continually praise the Lord for your partnership!

Warmly,

Don & Lorraine



Don & Lorraine Karsgaard

Serving in and around Loreto, BCS, Mexico with:
Mexican Medical Ministries AND P. & S. Ministries Society
Email: loreto.ministries@gmail.com

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