



Greetings from Loreto Mexico...



Taking blood pressure & blood sugar readings...



Adriana teaching at one of our Diabetes classes



Pastors and church leaders receive study Bibles...

News from Don & Lorraine – June 4, 2019

This last month we were glad to have Adriana and Gill with us for a couple of weeks. Adriana is a nurse who has specialized in diabetes, so we arranged with four churches in Loreto to put on classes entitled **'How to manage your Diabetes and/or avoid getting Diabetes.'** The idea was to hold two nights in each church—the first night would be a 1½ hour teaching session and the second night would be to answer questions people have. The materials Adriana brought for everyone were extremely good, and because she is fluent in Spanish and her teaching style focused on what you can do, rather than what you cannot eat, was well received by all who attended.

Loreto has seen a number of people leave for the summer already, and as a result the attendance at **our little English Church** has dwindled down to six to ten people attending. But those who are still here have remarked how much they've appreciated the more relaxed approach we've been taking to our services. Next Sunday we expect only three or four people to attend so it will be the last of our services for this season. And, we expect to start up our activities for the English speaking community again in October, when people start returning to Loreto. You can read more by going to **<http://www.loreto-christian-fellowship.com>**

Yesterday we were pleased to host the **monthly Pastor's Fellowship** at our home... It's really great to see several of the pastors being friendly to each other and supporting one another—something that was just not happening when we arrived in Loreto just over 15 years ago.

We are now getting prepared to hold **our next evangelistic Health Fair in the Santa Rosalía Prison...**, and we'd appreciate your prayers that everything will go well—we are not anticipating any problems, but there often things that come up that require us to adjust the program a little.

Later this month we'll be going to San Diego for our annual doctor's checkups, visiting our friends and donors, and to launch my first book—**my autobiography**. I'd like to give you an eBook copy — **to receive your free copy click here**.

Thank you again for your prayers for us and all the ministries we're involved in.

We continually praise the Lord for your partnership!

Warmly,

Don & Lorraine



Don & Lorraine Karsgaard

Serving in and around Loreto, BCS, Mexico with:
Mexican Medical Ministries AND P. & S. Ministries Society
Email: loreto.ministries@gmail.com

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